



Crawley Town & Horsham Life Saving Clubs

Southwater Country Park

Risk Assessment Matrix  
2016 Edition



Severity	Likelihood		
	Likely	Possible	Remote
Fatality	High	Medium	Low
Major Injury	High	Medium	Low
Minor Injury	Medium	Low	Low
Marginal Injury	Low	Low	Low

**RISK ASSESSMENT**

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**Activity: Training, Assessments and Patrolling**

**People at Risk: Lifesavers, Swimmers, Lifeguards, Public.**

Original Assessed by WJS. 22.05.07. *Reviewed 19.05.16* *Review Due 18.05.17*

Hazard	Severity of Injury	Likelihood	Risk	Control Measure	Residual Risk
Slips, Trips & Falls on Footpaths	Minor	Possible	Low	All to be made aware of the shingle & tarmac paths. Perimeters to be kept clear and tidy.	Low
Toilets, Showers	Minor	Likely	Medium	All to be made aware of the extra care to be taken in these areas due to the slippery floors	Low
Child Protection Safeguarding	Marginal	Remote	Low	Young persons must not go to the Changing Rooms, Toilet Blocks or	Low

				wander around the Lake unaccompanied. Minors are not to be left alone at the Country Park. A Minimum of 2 DBS checked Adults are to remain with the minors until they are collected by their Parents or Guardians. If not collected by parents or guardians alternative arrangements are to be made.	
Heat Stroke/Sun Burn/Dehydration	Major	Likely	High	Leaders to inform their members to wear appropriate protective clothing and sun protection against these hazards. All to be advised to take plenty of water. Reapply sun protection regularly and when coming out of the water.	Medium
Objects on Beaches e.g. glass, needles etc	Major	Possible	Medium	Beach areas to be regularly checked and any items found are to be removed and disposed of appropriately. Footwear to be worn at all times. Special attention: Be aware of bricks that may be on the bottom of the lake.	Low
Objects In or On the Bottom of the Lake	Major	Likely	High	The top and bottom of the lake to be checked and cleared where accessible before swimmers are allowed to enter on each session	Medium
Dogs Faeces	Minor	Likely	Medium	Inspect the Beach and clear all Beach areas before starting the session	Low
Water both Deep and Shallow	Fatality	Possible	Medium	Sufficient Lifeguards/Coaches/Activity Supervisors with appropriate RLSS UK qualifications are to be present at all times.	Low
Fire, BBQ's	Fatality	Likely	High	All members and visitors are to be aware of the fire procedure. Only authorised persons are to control barbeques. Lighting fluid to be kept at a safe distance. A Fire Extinguisher to be present.	Low
Manual handling	Minor	Possible	Low	Bodies being manually handled from water and on land during training must be of suitable weight ratio to persons carrying out the task. Minimum of 2 man lifts. Follow RLSS UK manual handling guidelines.	Low
Unprotected Water Edges & Slippery Banks	Fatality	Possible	Medium	All to be made aware of these and to take extra care when walking and running around the Lake and entering or exiting the water. Protective Matting may be used.	Low
Swans, Cygnets, Wildlife	Minor	Likely	Medium	All to be made aware of the wildlife that is present on and around the Lake. All to be advised to keep clear of the Swans particularly when they have their cygnets.	Low
Blue Green Algae	Major	Possible	Medium	No one is allowed into the water if there are any signs of Blue Green Algae present.	Low
Weils Disease	Major	Likely	Medium	All swimmers are to be made aware of	Low

				this problem and must not enter the water with any open cuts etc. Any minor cuts/abrasions are to be covered with a waterproof plaster. If there are any symptoms after being in the water they must report this to their doctor.	
Snakes	Major	Possible	Medium	Warn members to be aware of these in the grassed areas and possibly swimming in the Lake	Low

## Activity: Training, Assessments & Patrolling

**People at Risk: Lifesavers, Lifeguards, Swimmers**

**Additional Hazards to those listed above**

Hazard	Severity of Injury	Likelihood	Risk	Control Measure	Residual Risk
Medical Conditions	Marginal	Remote	Low	On joining the Club any Medical conditions must be entered on the Membership Form. Any Medical conditions developing thereafter must be brought to the attention of the Club. All will bse treated confidentially. Trainers/Activity Supervisors are to be aware of these medical conditions.	Low
Alcohol or Drugs	Fatality	Possible	Medium	Lifesavers and Swimmers will be refused entry into the Lake if they appear to be under the influence of alcohol or drugs. Activity Supervisors, Trainers, Lifeguards will not be permitted to carry out their duties if they appear under the influence of alcohol or drugs.	Low
Equipment	Minor	Likely	Medium	Any equipment found to be faulty which may present a risk of injury, must be removed from use immediately and reported to the Equipment Officer or another Committee member.	Low
Power Failure in Toilets	Marginal	Remote	Low	Leaders, Activity Supervisors, Trainers must be aware of the EAP in the event of power failure	Low
Floating Objects in the Lake	Major	Possible	Medium	Any floating debris/objects seen floating in the Lake must be immediately removed. If safe to do so, otherwise contact the Warden.	Low
Hypothermia	Major	Likely	High	All Lifesavers, Swimmers and Lifeguards must wear brightly coloured hats in the water. Activity	Low

				Supervisors, Lifeguards and Trainers must continuously assess each individual person for symptoms of hypothermia. Anyone developing these symptoms must immediately leave the water. Protective clothing, blankets (e.g. body bags) and warm drinks to be made available. Consider warm shower.	
Lifesaving and Lifeguard Skills: Entries	Major	Likely	High	All skills and techniques are to be carried out as described in the current editions of the RLSS UK manuals. No diving entries allowed.	Medium
Lifesaving and Lifeguard Skills: Exits	Major	Likely	High	All skills and techniques are to be carried out as described in the current editions of the RLSS UK manuals. Health & Safety measures are to be taken when carrying out manual handling. 2 person exits are generally necessary.	Medium
Lifesaving and Lifeguard Skills: Surface Dives and Underwater Swimming	Major	Likely	High	All skills and techniques are to be carried out as described in the current editions of the RLSS UK manuals. Members are to be reminded of the dangers of surface diving into murky water and the warning regarding possible ear damage when diving in excess of 1.5m.	Medium
Lifesaving and Lifeguard Skills: Tows	Major	Likely	High	All skills and techniques are to be carried out as described in the current editions of the RLSS UK manuals.	Medium
Using Craft	Major	Likely	High	All skills and techniques when using craft are to be in accordance with that recommended for the particular item.	Medium
Other Craft and Water Users	Major	Likely	High	All swimmers and lifesavers are to be made aware that there are other people using the lake and care is to be taken to avoid clashes. All swimmers to wear brightly coloured hats.	Medium
Concrete Slipway	Major	Likely	Medium	Great care to be taken when entering and exiting the water from/on the slipway. This is very slimy and extra care to be taken. If swimmers are exiting there at least one person should be available to assist the landing.	Low
Floating Pontoon	Minor	Possible	Low	All to be made aware of the nature of this and that care to be taken due	Low

				to the unsteadiness of the pontoon. No diving to be carried out off this if the water is less than 1.5m deep plus the water must be checked and cleared of any obstructions.	
Underwater Weeds	Major	Possible	Medium	All to be made aware of these and to keep clear of them.	Low

WJS 22.05.07  
Revision A 25.07.07  
Revision B in Italics 30.04.08 (By DS, RB & WJS)  
Revision C in bold type 23.03.09 (By DS & WJS)  
Revision D in bold italics 22.04.10 (By DS & WJS)  
Revision E in bold italics 12.05.11 (By DS & WJS)  
Revision F in Bold Italics 31.05.12 (BY WJS & DS)  
Revision G in Bold Red Italics 15.05.13 (WJS & DS)  
Revision H in Bold Red Italics 01.05.14 (WJS & DS)  
Revision I in Bold Red Italics 13.05.15 (WJS &RA)  
***Revision J Reviewed 19.05.16 (WJS & DS)***

Distribution: HLSC & CTLSC Committees plus All 2015 Club Members due to visit Southwater Country Park.  
Plus: HDCand Southwater Lake Users Group.